

How to arrive at more meaningful analysis data: Digging deeper reveals your strengths and weaknesses

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In the March 2012 Slowinski at-large, How to arrive at more meaningful analysis data: Digging deeper reveals your strengths and weaknesses, I explore a more thorough method to determine tournament performance strengths and weaknesses. Specifically, I attempt to make data collection and analysis more meaningful by presenting some ideas about how to find more substantive information about player tournament performance. This article is intended to help you reflect on how to dig deeper into your performance data to uncover potential weaknesses in order to address them in your training, leading to competition improvement. The key is understanding how a player performs in different phases as well as in a specific environment.[CLICK HERE TO DOWNLOAD THE ARTICLE \(3 MB PDF\)](#)