

General Lane Play Guidelines

Contributed by Joe Slowinski
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Here are some general guidelines on how to play the lanes, from the outside to the inside, or how-to attack the longer or shorter patterns. I encourage you to read my advanced targeting article as well.

GENERAL LANE PLAY STRATEGIES

The following are general guidelines. This will help you start in a better position on the lanes. Please read my 3-Point Targeting article as well when reflecting on how to play the lanes best.

ANGLE of ATTACK GUIDELINES PLAYING the EXTREME OUTSIDE

Lane Play Rationale = Less change of direction needed down the lane

Release = Use a Lower Axis of Rotation – More Roll

Revs = Use Less to control the backend

Bowling Ball = Smoother at the Break Point, Less Change of Direction

Bowling Ball = Symmetrical Core, High RG, Low Differential, Less Surface

Body = Square to the target and outside line

PLAYING DEEP INSIDE

Lane Play Rationale = More change of direction needed down the lane Release = Higher Axis of Rotation - More Skid - Flip Bowling Ball = Quicker Change of Direction at the Break Point , Asymmetrical Core Bowling Ball = Lower RG, Higher Differential, More Surface Body = Open

SHORTER PATTERNS Start Outside, Over time Move Right (RH bowler) with Your feet. LONGER PATTERNS Start Inside, Over time move left (RH Bowler) with your feet.

DEALING with TRANSITIONS

As the heads burn-up and the backends tighten, due to carry down, bowlers need to increase the axis of rotation as well as consider a bowling ball with a quicker change of direction. In other words, you need more skid and a stronger backend reaction. ADJUSTMENTS

Use the knowledge of skid and backend reaction. The following increase skid but also create stronger backend reaction as they increase:

- > Axis of Rotation
- > Axis Tilt
- > Revolutions

The following increase the amount of skid:

- > Ball Speed
- > Loft