

Training 2-Handed Players: Recommendations & Drills for All Phases of the Physical Game

Contributed by Joe Slowinski
Monday, 02 September 2013
Last Updated Monday, 02 September 2013

In the September 2013 Slowinski at-large, I discuss key elements of learning, coaching and developing 2-handed players.

[Click here to see the Slowinski 2-handed drills](#)

[Click here to download the article in PDF](#)