

---

## Ball Speed in International Play & Contributions to Ball Speed

Contributed by Joe Slowinski  
Monday, 09 July 2012  
Last Updated Monday, 09 July 2012

This issue of the ISN (Institut Sukan Negara) Bulletin (Volume 3 2010) of the National Sports Council of Malaysia includes the following articles

Ball Speeds of Malaysian and International Female 10 Pin Bowlers in Competition Barry Wilson, Ahmad Pharmacy Jalil .....	13
Contributions to Tenpin Bowling Ball Speed Barry Wilson, Joe Slowinski, Ahmad Pharmacy Jalil .....	21

[Download the article here](#)