Dynamic Visual Acuity: Training Your Eyes to Really Watch Ball Motion

Contributed by Joe Slowinski Sunday, 14 February 2010 Last Updated Thursday, 25 February 2010

AVAILABLE NOW - In the March 2010 issue of Slowinski at-large, I discuss the importance of Dynamic Visual Acuity (DVA) in elite bowling as well as how to train yourself to improve your DVA skills.

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