

## Take the Bowler's Diagnostic Check-up to Evaluate Your Physical Game

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In the September 2009 issue of *Bowling This Month*, I provide readers with a diagnostic check-up list to evaluate their physical game. From the stance, footwork, swing, finish and timing, this check-up will allow you to evaluate the current status of your game and determine how consistent you are with top players.

[Click here to download the article \(1.16 MB\)](#)