

An Easier Method That Increases Your Rev Rate

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In my April 2008 column in Bowling This Month, I discuss an easy-to-use method to increase your rev rate. To generate a higher rev rate, your hand must be in a strong position entering into the release. In the April Slowinski at-large, I show you how to achieve this strong position allowing you to bump-up your rev rate when you need to increase it.

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